

We need a path, not to go from here to there, but to go from here to here...

BADEN POWELL SCOUT CENTRE
POMONA ST PENNANT HILLS

Just 10 minutes walk from Pennant Hills Station.
Off-street parking is provided for cars. Pomona Street runs off Pennant Hills Road.



A passion for life is a passion for completeness.
Paramahansa Yogananda

When we operate from passion, we are enlivened: we think more clearly & the effect on others is profound. We are more productive & more likely to take an extra step to serve or support others. Oprah Winfrey

Living in balance is not possible without passion. It is our creative lifeforce, infusing us with enthusiasm & urging us to take risks and engage completely. Deepak Chopra

Life loves to be taken by the lapel & told, "I am with you, kid. Let's go!" Maya Angelou

Life is such a gift. It offers us the privilege, opportunity & responsibility to give something back by living our passion, beauty & joy & becoming more. Louise Hay

If you aren't going all the way, why go at all?
Spiritfest Crew



Great to Bring

- ...sleeping gear & **earplugs**
- ...tent if you prefer non-communal sleeping
- ...summer clothes for the days, layers for the evening
- ...we're in the bush so bring closed shoes
(bare feet & thongs not ok)
- ...yoga mat, cushion for meditation
- ...notebook, pen & art materials
- ...money for craft & book stalls
- ...your passion for life as it unfolds



The Buzz

peace in the mind & bliss in the heart

“ this festival provides an authentic experience:
a chance to discover rich spiritual diversity

I loved the mantra & music, and the meditation lifestyle discovered ancient mystic traditions away from the usual work & life pressures

I want to share this life-changing festival with my friends emphasises wellness and well-being, with yoga, diet, devotion, soccer, community and live music

step by step, day by day, I learnt more about my Self and ways to embrace and celebrate life

thank you to the tips of my universe & back for a life awakening time - magic business indeed

Spiritfest is a gentle, fun journey to lands undiscovered yet intimately familiar”

we've been coming for 8 years - my kids insist on it
universal and open
omg more!



Contact us

Call Georgina JD on **02 9557 2774 / 0406 372 142** if you plan to come, or email sydneyspiritfest@gmail.com

Drug, alcohol & pet free environment

This festival is dedicated to the greatest power within you, your power to love, & to all who share its magic.

Join us in extending our respect to the original custodians of this land, the Guringai people.

“Our deepest human nature is to want to love” Shrii Shrii Anandamurti



Baba Nam Kevalam

Infinite love is all there is

FEEL THE HEAT:

Liberate your passion at the 11th Sydney Summer Spiritfest

Thursday 10 - Sunday 13 January 2013
extra retreat day Monday 14
Baden Powell Scout Centre
by Lane Cove National Park



Passion in its essence is spiritual fire

*there is no end
there is no beginning
there is only the infinite passion of life*
Federico Fellini

Brought to you by the Ananda Marga Fringe Festival

POSITIVE • PASSION • PERSPECTIVE • PATIENCE • POSSIBILITY • POWER • PEACE

“PASSION IS WHAT THE SUN FEELS FOR THE EARTH,” ELLA WHEELER WILCOX, A 19TH CENTURY POET, TELLS US. “WHEN HARVESTS RIPEN INTO GOLDEN BIRTH.” PASSION, SPIRIT, DETERMINATION ARE EVERYWHERE, WITHIN ALL OF US & IN ALL THAT SURROUNDS US. THEIR WISDOM COMES TO US THROUGH IMAGERY, IN PAINTING, DANCE, LITERATURE, MUSIC, POETRY, SCIENCE, ATHLETICS, FILM, ARCHITECTURE & LIBERATION MOVEMENTS. THE SEARCH FOR MEANING & PURPOSE IS THE SOUL’S PLEA TO LIVE PASSIONATELY.

Passion guides us beyond the colour of our skin, the shape/age of our bodies to a wisdom that reveals our true essence - profound strength, deep compassion, consummate love & unfailing justice. Passion is real life, the great enabler, the open sesame.

Passion highlights our capacity to process, withstand and overcome with dignity, grace and humour. Our passion affirms we are worthy of contentment and joy.

Often we think of passion as wild and unpredictable. But passion’s nature is most often cloaked in the deep, subtle, quiet and committed: nursing a baby, planting a veggie garden, preparing a special meal, caring for a loved one who is ill, persevering with a dream.

Every passionate impulse lives with us - the embrace, the reach, the gift, the thoughtfulness. We are created by love, for love, to love. Our passion is contagious. It inspires hope. And connects us with the beauty and “sizzle” of the universe, with our higher power, with divinity. Passion anchors us in the eternal now, and lets us see the best of it.

If you’re unsure of your passions, come to Spiritfest and rediscover them. What you may come to realise is that asking to be delivered to your passion is an essential focus of meditation. If we are to lead deep, rich, fulfilling lives that are anchored in what’s important, what’s precious, what’s real... if our souls are to soar, passion must fuel our flight.



At this, our **11th Spiritfest**, the programme is as wide-ranging as ever. As always, *all* spiritual paths are welcome. **Collective meditation** and **kiirtan** (chanting to live guitar and drums) are at the heart of Spiritfest. Don’t let lack of meditation experience keep you away. We’re happy to show you the basics so you can come to view your mind as a supportive friend. There are also many fun activities exploring ideas of optimism, creativity and sustainability. The central values of connectedness, empathy and responsibility shift our gaze inwards.

Each lovingly chosen activity is a vista, allowing us to see beyond the peaks and valleys of everyday life and into our heart of hearts, for it is there that our dreams and passions lie. The mystical journey drives us into ourselves, to the sacred flame of passion at our centre. So dream on, journey on. Let this festival be your soul’s ticket to passion. Spur yourself to action and embrace all you’ve ever wanted, all that you deserve.

Let yourself be silently drawn by the strange pull of what you really love. It will not lead you astray. Rumi

In this nonprofit event we co-create a communal village. It works because we use good sense and cooperative effort. Community guidelines have evolved to help things run safely and with respect. To keep costs low, we’re rostered for a few tasks, mostly kitchen related.

This is a wonderful gathering to share with your kids. We provide an engaging **children’s festival** with an exciting new outdoor adventure programme.

Costs: It’s all inclusive - the vego food, accommodation, activities. All you have to look after is yourself.

Please bring **cash** as there is no pre-registration. **Adults \$250/220 or \$70/60 per day or part thereof Monday Retreat additional \$30/25**

Children up to 6 free, up to 16 half price concession includes travellers > 150km one day and weekend attendance is welcome

I have no special talents. I am passionately curious. Albert Einstein

Passion is God wanting to say ‘Hi’. Neale Donald Walsh

Thursday	Friday & Saturday	Sunday
arrive after 3pm & settle in 5.30 orientation 6.00 kiirtan & meditation 7.00 dinner 8.30 festival welcome meet the crew & with your affinity group celebrate your creative passion	<i>your choices begin with</i> 6.45 yoga 7.30 kiirtan, meditation & announcements followed by breakfast & workshop time 12.00 bhajans (spiritual songs) 12.30 lunch - did we tell you the food is fab? friday arvo: women’s & men’s business saturday arvo: <i>My Fine Feathered Friends</i> playful theatre by Bronwyn Vaughn then soccer, choir, drum circle, bushwalking 6.00 meditation, readings before dinner at 7.00 friday night Sound of Musicals: Join in the supercalifragilisticexpialidocious fun sat night Passionate Hearts Concert & dance	6.45 yoga nidra 7.30 Shivii: alternating kiirtan & meditation, readings, brekky 10.30am Forum: Our Passionate Purpose A panel of special guests join us to look at the future we want, and what it takes to behave our way to our vision 12.30 Lunch 2.00 Closing ritual & gratitude gifting Retreat for those staying on please feel welcome to join in a beautiful Monday programme with even deeper kiirtan, meditation & spiritual philosophy

“May all beings dwell in the heart. May all beings be free from suffering. May all beings see the bright side of everything. May all beings be healed. May all beings be at peace.” Shrii Shrii Anandamurti

REVERE MYSTERY • ABSORB WISDOM • SPECIALISE IN THE IMPOSSIBLE • ENTER BLISS